

MARIN



Eat Well

Around the World
or Locally, Food
That Can Heal

FORAGERS' DELIGHT

Dinner Is Where
You Find It

THE BAY AREA'S
TOP PHYSICIANS

FEBRUARY 2017



Seaside Serenity

Culinary adventures and culture at Carmel-by-the-Sea.

DISTANCE FROM MARIN 130 miles south

CONCEIVED AS AN artist enclave in the wake of San Francisco's 1906 earthquake and fire, this diminutive town has maintained its independent spirit ever since, boasting a 100-year-old creative community. Here, visitors will find galleries, fine dining, a variety of unique trees and dogs just about everywhere, making Carmel-by-the-Sea an ideal destination for the whole family. Among the things that can't be found here? House numbers, chain restaurants, streetlights and high-heeled shoes. Unorthodox as this may seem, it all adds to the charm of the locale. Here are some other not-to-be-missed aspects of Carmel. **KASIA PAWLOWSKA**

HIGHLIGHTS Relais & Châteaux, a global group of more than 500 luxury hotels and restaurants, will be holding its fourth annual GourmetFest this March in locations throughout Carmel. The four-day fête brings top chefs from around the world, fine wineries and luxe brands to the town for more than 18 events, including cooking demos, lunches and dinners, off-site tours, VIP parties and a "Taste of the World" finale. gourmetfestcarmel.com

HISTORY Founded in 1771, Mission San Carlos Borromeo del río Carmelo, more commonly known as the Carmel Mission, was Saint Junipero Serra's favorite of the 21 California missions and served as his home base. The Catholic Church declared Carmel Mission a minor basilica, a distinction the pope gives churches that contain sacred relics or are historically significant, in 1961. Currently, it is also the only standing mission to have its original bell tower dome. carmelmission.org

DETAILS The city has plenty of lodging options, no two alike thanks to the "no chains" policy that also applies to hotels. Having just the right amount of buffer from the main drag of shops and restaurants on Ocean Avenue, the newly revamped Hideaway lives up to its name with cozy accommodations that tempt guests to stay put. Rooms feature fireplaces and the ultimate fixture of any hip hotel in 2016: hanging barn doors. These factors, combined with a courtyard fire pit, evening wine-and-cheese hour and cookie turndown service, make the boutique inn a tranquil getaway. hideawaycarmel.com

TEN IN TAHOE After 10 years in business, Cedar Sport House in Truckee has established itself as the sports authority (pun intended) of the area. It was founded by Jeff and Patty Baird as an eco-friendly place to stay — 10 minutes from Northstar and 20 minutes from Sugar Bowl — showcasing the region's ample outdoor activities. The company's on-site T3 Adventures offers a variety of concierge-led winter sports options, like cross-country and backcountry skiing, sledding, snowshoeing and ice skating. Check the website for the Stella pop-up dining series, or rent out the space for your own party, with dinner themes including Bombay Spice, Evening in Spain or Basque Country. Those traveling with Fido will find dog-friendly amenities as well. Rooms start at \$180. cedarhousesporthotel.com **M.T.**

