

OUR NEW TEST GARDENS, REVEALED!

Sunset

WINE LOVER'S GUIDE

WHERE TO GO, WHAT TO SIP, AND THE \$11 BOTTLE TO BUY NOW

FRANCIS
FORD COPPOLA &
GRANDDAUGHTER
GIA TALK FAMILY
AND VINES

FALL'S BEST
COMFORT FOOD

HAWAII
DREAM TOWN

18 SPECTACULAR
SPOTS TO CELEBRATE
SONOMA COUNTY
WINE MONTH

OCTOBER 2016



DO / CARMEL

Stars, sand, and sunshine

1 **Oct 19-23** Fun fact: In 2011, the **Carmel International Film Festival** screened *J. Edgar* before it premiered in L.A. Now in its eighth year, the beachside to-do still has the splashy openings, the glam after-parties, and the star power (is that James Franco?) you'd expect of a bigger event—and 100-plus screenings. Plus, the fest offers some distinctly beach-town pleasures, such as the three-course bonfire-side Filmmakers' Dinner on Lover's Point Beach. Now why did you want to go to Utah in the winter again? From \$10; carmelfilmfest.com.

2 **Oct 23** Each year, scores of sculptors converge on Carmel for the **Great Sand Castle Contest**. Past entrants have built everything from a vintage Beetle to a Mayan temple, all in hopes of winning the coveted Golden Shovel. Representatives from the Monterey Bay American Institute of Architects judge, and they have strict rules. For instance, structures can be made from natural materials only. Also, bribes are allowed, in the form of wine, homemade bites, and even massages. So bring your shovel and that cooler too. *Carmel Beach*; carmelcalifornia.com.

3 **Oct 29** Revel in the Americana of that storybookiest small town: Carmel. This year, the hamlet celebrates its 100th birthday with 12 months of festivities, culminating in the **Carmel Centennial Celebration and Parade**. Former mayor Clint Eastwood and famed composer and winemaker Alan Silvestri lead, as floats, horses, trumpeters, and drummers march down Ocean Avenue. Evening brings dinner (fare from chef Jason Balestrieri's *Cantinetta Luca*), a show (by local favorites *The Money Band*), birthday cake, and Champagne. carmelcentennial.com.



THOMAS J. STORY

The VILLAS
& SUITES


BERNARDUS
LODGE & SPA

Bernardus Lodge & Spa, Carmel Valley's most exclusive resort, introduces our new Villas & Suites, nestled among twenty-six enchanted acres of organic gardens, orchards and vineyards. It's a destination that is defined by you and your passions in life.



Cultivated in Carmel Valley

BernardusLodge.com ~ 831-658-3400

NEW LUXURY VILLAS & SUITES NOW OPEN

VINEYARDS | LUCIA RESTAURANT & BAR | SPA AT BERNARDUS
EXQUISITE POOLS | ORGANIC GARDENS | CROQUET & LAWN BOCCE

ELUSIVE TO MANY,
EXCLUSIVELY
YOURS.



/ OAKLAND

Oct 13–15 Burning Man whimsy meets old-fashioned Christmas lights on Lake Merritt's shores, at the **Gardens at Lake Merritt Autumn Lights Festival**. Waterfalls glow, sculptures breathe fire, and floodlights illuminate the palms, making the trees shimmer like they're underwater. Hundreds of luminarias light the way through the 7-acre garden, all the way from Kim Webster's illuminated blown-glass sculptures to the Tiki Village, which features handcrafted lanterns and projections of hula girls. Go ahead, dance with the electric fireflies and flying books. It's for a good cause: The funds raised support the free-to-the-public horticultural space. And, when in

Rome... complete the installations with your own glowing costume. \$25; 666 Bellevue Ave.; gardensatlakemerritt.org.

/ SAN FRANCISCO

Sep 30–Oct 1 Honestly, who hasn't wanted to ride a Big Wheel bicycle across the Golden Gate Bridge? **Questival**, a 24-hour adventure race, challenges participants to complete these kinds of unusual tasks, in a big, bad, crazy scavenger hunt that takes them across the city, from breakers to bay. Teams of two to six people gather on Friday night, then begin a packed day of treasure hunting and photo taking to win bragging rights, Cotopaxi gear, and trips. No one knows what challenges 2016's Questival holds (sand

angel making, perhaps? Partner yoga?), but the mystery is part of the fun. And you thought Pokémon Go was addicting. \$35; cotopaxi.com.

/ MISSION DISTRICT

Oct 7–9 The instructors at the **Mean Old Blues Festival** will teach you to Bring the Party. No, really, they have a class on it. It's one of 22 workshops at the blues fest, coming to town for the first time this fall. The three days promise late nights of soulful dancing, with acts such as the roaring Grease Grit and Grime, soulful Quinn Deveau, and the funky Fried Bananas. Don't know a thing about social blues dancing? Perfect. They're offering a Welcome Workshop for

dip-your-toes-in beginners, and competitions for the pros. *From \$40; meanoldblues.com.*

STAY

/ FORT BRAGG

The wild stretch of coastline that runs from Mendocino to Shelter Cove is known for a lot of things—secret beaches, cliff-side hikes, glaring solitude—but luxury lodging isn't one of them. **The Inn at Newport Ranch** looks to change that. Located on 2,000 acres of pristine ranchland just north of Fort Bragg, the eight-room inn feels like the sort of high-thread-count Zen retreat you'd find in Big Sur. Except with cows!

CARMEL BY-THE-SEA

CELEBRATING 100 YEARS

Book exclusive hotel packages at
CarmelCalifornia.com

World-famous Carmel-by-the-Sea is celebrating 100 years this fall and invites you to explore this charming, European-style village with its hidden passageways, popular Carmel Wine Walk and one-of-a-kind dining experiences. Come immerse yourself in Carmel's artistic culture and upcoming events and festivals—including the once-in-a-lifetime Carmel Centennial hosted by Clint Eastwood.

UPCOMING FALL EVENTS

28th Annual Taste of Carmel
*The Central Coast's Premier
Food & Wine Event / October 6–9*

**8th Annual Carmel
International Film Festival**
*An Inspiring Celebration of
Independent Films / October 19–23*

**Carmel Centennial
Parade & Celebration**
*A 100-year Celebration Hosted
by Clint Eastwood / October 29*



CarmelCalifornia.com